



rooted

wellness bar

menu

nourished by





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smoothies | blended with benefits

Lion's Order | for Men's Health

Optimized for energy, muscle recovery, hormone balance, prostate health, and overall vitality.

Coconut Milk, Organica-Packaged Whole Almonds, Soursop Pulp, Bananas, Date Syrup, Organica-Packaged Raw Pumpkin Seeds, Navitas Maca Powder, Cadia Chia Seeds, Sasha Dee Moringa Powder, Irish Moss, Organica-Packaged Ceylon Cinnamon

Fountain of Youth | for Beauty and Aging

Optimized for boosting collagen production, hydrating skin, reducing inflammation, supporting gut health, and protecting against premature aging.

Papaya, Aloe Vera Gel, Carrot, Sea Moss Gel, Organica-Packaged Turmeric Powder, Almond Milk, Coconut Yogurt, Cadia Hemp Seeds, Navitas Camu Camu Powder, Banana

King Power Punch | for Men's Performance

Boosting stamina, endurance, muscle recovery, testosterone support, & sustained energy.

Banana, Navitas Maca Powder, Oat Milk, Navitas Cacao, Organica-Packaged Dates, Cadia Hemp Seeds, Cadia Chia Seeds, Organica-Packaged Ceylon Cinnamon

Wake Up and Live | for Energy & Overall Wellness

Sustained stamina, energy & electrolytes (also great for digestion and hormone balance). Optimized to give you clean energy, sharp focus, balanced mood, and glowing vibes.

Banana, Mango, Coconut Water, Navitas Cacao Powder, Navitas Maca Powder, Ginger, Organica-Packaged Cayenne (90,000 HU), Cadia Hemp Seeds



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juices | powered by plants

Fat Burn Fusion | for Weight Loss & Weight Management

Formulated to support weight loss, weight management, and boost natural fat-burning processes.

Pineapple, Green Tea, Fresh Ginger, Lemon or Lime, Organica-Packaged Spirulina, Cucumber, Organica-Packaged Cayenne (90,000 HU)

Heart A Love Juice | for Heart Health

Optimized for supporting circulation, reducing blood pressure, improving heart function, lowering inflammation, and enhancing overall cardiovascular health.

Elmore's Herb Soursop Leaf, Beet Root, Lakewood Pomegranate Juice, Ginger, Lime Juice, Organica-Packaged Ceylon Cinnamon, Organica-Packaged Cayenne Pepper (90,000 HU)

Pulse Protector | for Heart Health

A heart-loving blend optimized for lowering blood pressure, improving circulation, balancing sodium levels, and supporting overall cardiovascular health.

Organica-Packaged Hibiscus Tea, Beet Root, Coconut Water, Ginger, Lime Juice, Organica-Packaged Ceylon Cinnamon, Agave

Blood Sugar Bliss | for Hypertension Management

A functional, low-glycemic juice designed to naturally support healthy blood sugar levels, insulin sensitivity, and reduce inflammation — all while staying refreshing and delicious.

Cerasee or Bitter Melon, Cucumber, Green Apple, Lemon Juice, Turmeric, Organica-Packaged Ceylon Cinnamon, Mint, Monk Fruit Sweetener



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teas | rooted in wellness

Wellness Warrior Tea | for Immunity

Optimized for strengthening immune defenses, reducing inflammation, supporting respiratory health, and enhancing circulation.

Hot Water, Turmeric Powder, Freshly Grated Ginger, Black Pepper, Cayenne, Ground Ceylon Cinnamon, Date Syrup, Lime Juice, Ground Clove, Ground Star Anise

Sereni-Tea Latte | for Calming

Formulated for calming the nervous system, lowering cortisol, enhancing melatonin production, and promoting restful sleep.

Coconut Milk, Organica-Packaged Chamomile, Nutmeg, Organica-Packaged Ashwagandha, Let's Date Date Syrup, Cadia Vanilla Extract, Organica-Packaged Ceylon Cinnamon Powder, Organica-Packaged Cardamom

Deep Breathe Tea | for Stress Management

Crafted for lowering cortisol, calming the nervous system, enhancing mood balance, and promoting a sense of peace.

Dried Pea Flower, Organica-Packaged Dried Lavender, Organica-Packaged Dried Lemon Balm, Passion Fruit, Water, Fresh Ginger, Coconut Nectar

Liver Love | for Liver Cleanse

Optimized for liver detoxification, enhancing digestion, and calming inflammation — helping you cleanse, energize, and glow from the inside out.

Organica-Packaged Dandelion, Organica-Packaged Burdock, Turmeric, Ginger, Lemon Juice, Lemon Zest, Organica-Packaged Ceylon Cinnamon, Honey, Organica-Packaged Black Pepper, Water

Genius Brew | for Cognitive Health and Focus

Optimized for enhancing memory, improving focus, reducing brain fog, boosting circulation to the brain, and supporting long-term cognitive health.

Organica-Packaged Ginkgo Biloba or Bacopa, Navitas Cacao Nibs, Organica-Packaged Rosemary, Navitas Matcha, Coconut Milk, Honey, OM Lion's Mane Mushroom, Organica-Packaged Ceylon Cinnamon